

Breast Cancer-related Benefits for Consideration

Benefits Questions to Ask Your Navigator

How Do My Locally-Available Health Insurance Policies Handle:

- Breast reconstruction
- Creation of treatment plans and/or supportive care plans (written/printed and personalized)
- Complementary modalities to manage treatment and/or long-term side effects (including but not limited to nutritional consults, acupuncture, therapeutic massage)
- Diagnostic mammograms
- Diagnostic ultrasounds
- Doctors and hospitals
- Fertility consultation and preservation procedures
- Genetic counseling
- Genetic testing
- Hospicare
- Lab tests (blood or specimens)
- Lymphedema sleeves
- Lymphedema therapeutic massage
- Mastectomy bras
- Oral chemotherapy—will oral chemotherapy be treated the same as benefits for infused chemotherapy? If treated differently, how?
- Out-of-Network practitioners and treatment centers
- Physical therapy
- Practical support like transportation allowance to/from treatment
- Prescription drug costs
- Prosthesis
- Screening breast MRI (especially in terms of dense breasts)
- Second opinions
- Surgical options (including mastectomy, lumpectomy, and prophylactic surgery)
- Therapy or counseling services
- Ultrasound guided needle biopsies
- Wigs

